

Shaw Park Walking or Jogging Routes

Welcome to Shaw Park. Our walking or jogging routes give patrons a variety of courses to choose from. We have a 1.44 mile course that runs around the athletic complex and is fairly level with no stairs or curbs to negotiate. Our .75 mile course is a little more challenging and takes you around and through the park with a few stairs and curbs. Our last and longest course is approximately 1 miles long and takes you on a tour of the entire park, where you can view all of the park's amenities. This route also has stairs and curbs. All of these routes are located close to parking and restrooms, and for those of you that like the companionship of your pets there are also mutt mitts located in the park for your convenience. The course layouts are approximated distances, so feel free to mix them up or create one or your own.

